



Annual Gender sensitization Action Plan

Rajarshee Shahu Science College Chandur Railway's main goal is to develop students in all aspects of their lives so that they can reach their full potential and excel in all spheres of life. Women Cell, Internal Complaint Committee, Anti-Ragging Committee and NSS unit consistently organize various programs and activities to make the girl students aware of feministic issues. College Principal encourage these cells to organize programs to deal with varied gender sensitization programs. The overall intention of all such programs is to establish healthy social norms that appreciate females and their rights. There are Girls' Common Room in the college campus.

Students' representatives will work in these committees. In academic session 2023-2024, certain programs will be organized and objectives of these programs will provide equal opportunities and outcomes for boys and girls, sensitize the students on the gender discrimination issues and furnish an integrated approach to know the social and cultural constructions of gender that shape the experiences of women and men in society. Besides, the students will be guided about gender equality concerns and female rights. The college aims to organize the awareness programs through lectures, national seminars, workshops to accomplish the objectives of gender neutrality.

Women empowerment and gender equality are one of the primary concerns of Rajarshee Shahu Science College, Chandur Railway. Annual gender sensitization Action plane is devised to conduct various gender sensitization activities on regular basis.

Objective:

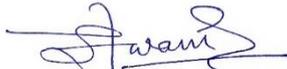
To promote gender equality, inclusiveness, tolerance, harmony among the students and the staff leading to women empowerment.

Annual Gender Sensitization Action Plan:

- To create and propagate a safe, secure and healthy environment to achieve gender equality and to ensure respectful and dignified behavior at all levels.
- To conduct induction and orientation programs for the students to promote gender sensitization.
- Conduct awareness programs for the girls' students regarding self-defense, Aids awareness etc.
- Promoting activities pertaining Health, Cleanliness, Personal Hygiene, and Nutrition.
- To conduct Activities for students regarding Entrepreneurship Development and career enhancement.
- To organized workshops related to cybercrime, safety and security especially for the girls' students under Women Cell.
- To prepare and deploy Students code of conduct to promote the gender equality at college level.
- Regular problem solving, counselling and encouragement through the mentor.



Principal
Rajarshee Shahu Science College
Chandur Rly Distt. Amravati



IQAC Co-ordinator
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati



Annual Plan of Women's Cell and Internal Complaint Committee during 2023-24

The Women's Cell, Internal Complaint Committee, and NSS Unit collaboratively organize a plethora of programs and activities aimed at empowering female students and fostering awareness about feminist issues. The Internal Quality Assurance Cell (IQAC) extends its support to these cells, encouraging them to devise initiatives that promote gender sensitization, women's safety, and equality.

Through these concerted efforts, our institution strives to establish a culture that values and respects the rights of women, thereby creating a harmonious and inclusive environment. To facilitate this, we have designated a girls' common room within the campus, providing a safe space for relaxation and socialization.

Student representatives play a vital role in these committees, ensuring that the voices and concerns of their peers are heard and addressed. Below is a summary of our annual plans for promoting gender equality, empowering women, and ensuring a safe and inclusive campus culture:

Sr. No	Year	Date	Activities Name	Student Attendance	Page No.
1	2023 - 2024	09/3/2024	Candle Making Workshop	52	2 - 7
2		8/3/2024	Yoga and Meditation Session	30	8 - 10
3		26/02/2024	Awareness Program on use and Disposal of Sanitary Napkins	98	11 - 12
4		13/02/2024	Health Check Up Camp	60	13 - 14
5		09/10/2023	Girl's Orientation Program	72	15 - 16
6		07/10/2023	Poster Making Competition on "Millets-Super Food for Future Health Perspective"	36	17 - 19
7		26/07/2023	Awareness Program on Menstrual Hygiene	100	20 - 21

ONE DAY WORKSHOP ON CANDLE MAKING

On the occasion of International Women's Day one day candle Making workshop was organized on 9th March 2024 at Late Atul Jagtap Hall. The guest for this program was Mrs. Smita S. Sutar, Director of Smita's Kitchen Aroma cooking and Baking Classes, Youtuber, Wardha. Near about 52 participants participated in this workshop. This workshop will see the students not only learn the process of candle making but also explore their creative side.

Besides the activities mentioned, counseling, interactive and feedback sessions on multiple topics were conducted for the girl students on weekly basis throughout the year. The Girls' Common Room is a facility established for all girl students to convene, engage and collaborate on matters of importance. It is a well-ventilated facility (equipped with a separate washroom) and provides notice board and other resources offered by the Women Cell. The facility has a complaint box to report any wrongdoings, and a sanitary napkin vending machine and disposal machine is also installed to ensure the health and wellness of the girl students. The Women Cell strives to create a better and just society by empowering girl students. To ensure mental health and wellness of girl students, the cell is planning to provide facilities like mental counseling sessions.



Mrs. Tanisha Wankhade B.Sc. Part III (CBZ) student coordinated the event.





Students Actively Participation in workshop

Broucher:

Atul Vidya Mandir, Wardha's

Rajarshee Shahu Science College

Virul Road, Chandur Rly, Dist. Amravati PIN - 444 904
(College Code : 807)

Celebration of International Women's Day -2024
Women Cell Present

RESOURCE PERSON
Mrs. Smita Sutar
Director of Smita's Kitchen Aroma
Cooking and Baking Classes

Register Now...!!

One Day Candle Making Workshop @ 100/-

By Smita Shirish Sutar

Learn

Ice Candle	Customized Candle
Gel Candle	Floating Candle
Aroma Candle	Water Candle

Many More for
Self Employment
Decor your own Home
Gift Some one Special

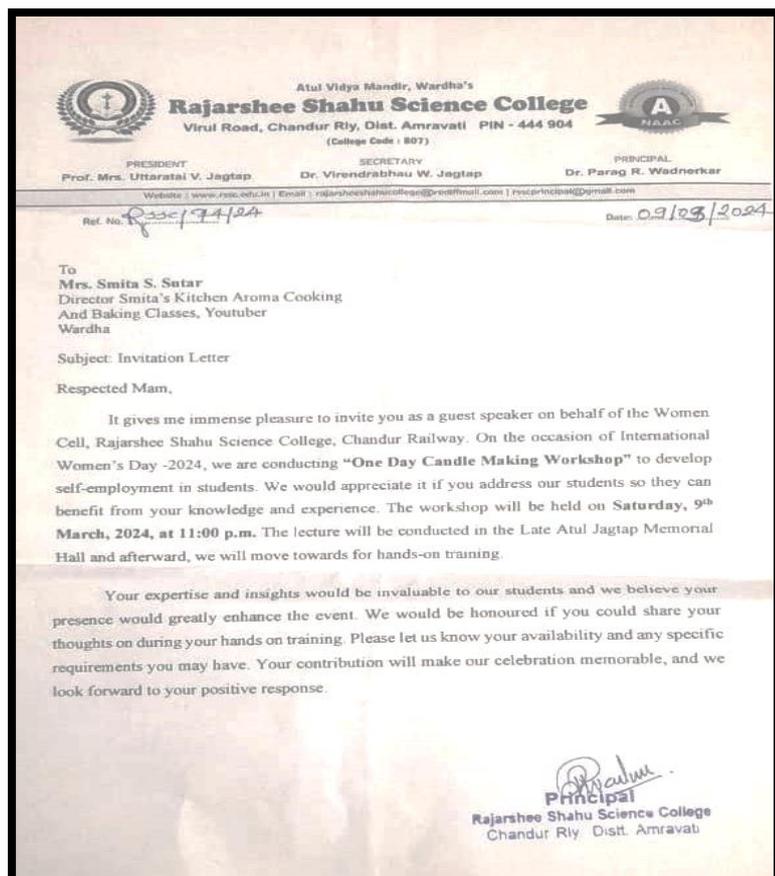
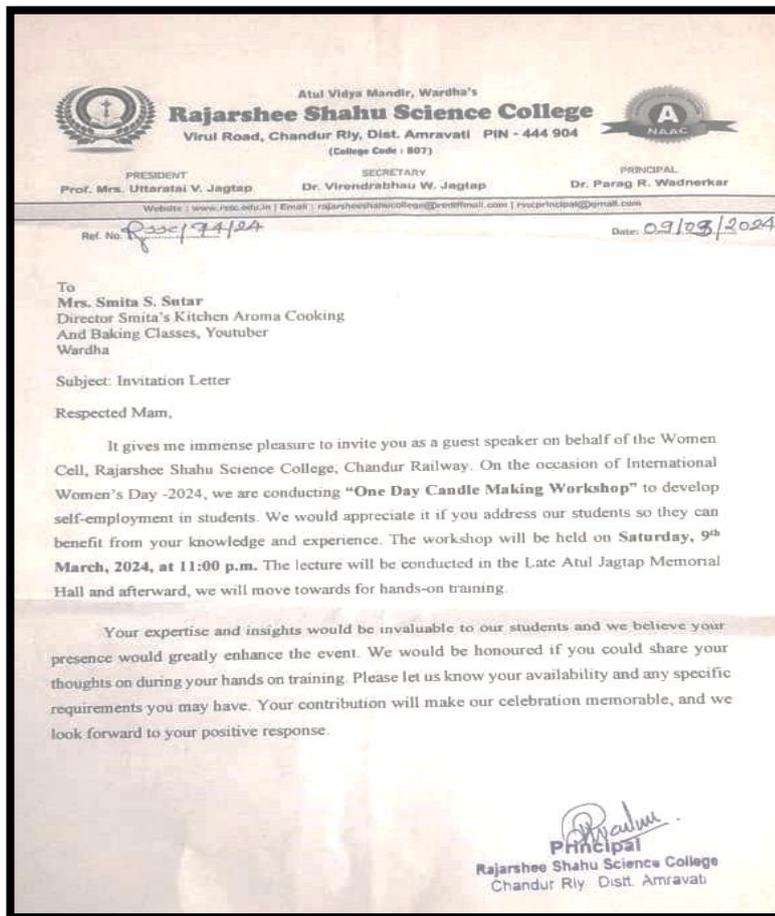
TO REGISTER CALL
9096682957

SATURDAY 9TH MARCH 2024 AT 11:00 AM

Organizing Committee

Convener	Dr. S. A. Wani	Dr. P. R. Wadnerkar
Women Cell Members	IQAC Coordinator	Principal

Resource Person Letter:



Students Participation List -

Rajarshee Shahu Science College
 Chandur Rly., Dist. Amravati
 Accredited with B+ Grade by NAAC

Attendance of Participants

Title of Programme: Candle making Workshop

Organized by: Women cell Date: 9/03/2019

Venue: Late Atul Jagtap Hall Signature of Convener: [Signature]

No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
1)	Gayatri G. Hingopure	BSc IV	Gayatrihinggopure@gmail.com	982205014	[Signature]
2)	Laxmi S. Manbade	BSc IV	laxmi.manbade@rajarsheeshahu.ac.in	707093994	[Signature]
3)	Suhani B. Patil	BSc IV	Pathisuhani@gmail.com	742118001	[Signature]
4)	Vaishnavi D. Deshpande	BSc IV	vaishnavi.deshpande@gmail.com	755042337	[Signature]
5)	Komal A. Bhagat	BSc IV	bhagatkomal200@gmail.com	957865982	[Signature]
6)	Tanuja D. Tambhare	BSc IV	Tanjua.d.tambhare@gmail.com	922926241	[Signature]
7)	Arushi A. Jadhav	BSc IV	arushi.jadhav@gmail.com	908270221	[Signature]
8)	Mihirika D. Mebarte	BSc IV	mihirika.d.mebarte@gmail.com	879271132	[Signature]
9)	Ky Anshal P. Deshpande	BSc IV	Anshal.deshpande@gmail.com	707203133	[Signature]
10)	Au Sakshi S. Gokhale	BSc IV	Sakshi.gokhale@rajarsheeshahu.ac.in	373229225	[Signature]
11)	Divya G. Kulkarni	BSc IV	divya.gokhale@rajarsheeshahu.ac.in	912304920	[Signature]
12)	Amayanti Bhangare	BSc IV	amayanti.bhangare@gmail.com	922220227	[Signature]
13)	Mahini Patil	BSc IV	mahini.patil@rajarsheeshahu.ac.in	852188850	[Signature]
14)	Samirsha Jadhav	BSc IV	Samirsha.jadhav@rajarsheeshahu.ac.in	710815741	[Signature]
15)	Achal S. Jyotir	BSc IV	—	742204098	[Signature]
16)	Shreyas Jadhav	BSc IV	—	954721850	[Signature]
17)	Manika S. Jagtap	BSc IV	—	702019772	[Signature]
18)	Airitha S. Jambhale	BSc IV	—	835690100	[Signature]
19)	Pooja A. Bhave	BSc IV	Pooja.bhave@rajarsheeshahu.ac.in	828286422	[Signature]
20)	Arshika P. Kumbhar	BSc IV	—	991019804	[Signature]
21)	Samiksha T. Niswade	BSc IV	—	833222222	[Signature]
22)	Parvati S. Niswade	BSc IV	—	922222222	[Signature]
23)	Komal S. Kumbhar	BSc IV	—	914204137	[Signature]
24)	Sakshi S. Dhanu	BSc IV	—	904222222	[Signature]
25)	Shreelika A. Kumbhar	BSc IV	—	705527209	[Signature]
26)	Samiksha D. Niswade	BSc IV	—	912222222	[Signature]
27)	Maheshwari D. Jadhav	BSc IV	—	802222222	[Signature]
28)	Pranali S. Wairamkar	BSc IV	—	705242222	[Signature]

No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
1)	Pratiksha Patil	BSc IV	—	955031018	[Signature]
2)	Anjali K. Kulkarni	BSc IV	—	876703040	[Signature]
3)	Vaishnavi P. Jale	BSc IV	—	876707000	[Signature]
4)	Pratiksha K. Jale	BSc IV	—	955976000	[Signature]
5)	Vaishnavi K. Kulkarni	BSc IV	—	832281241	[Signature]
6)	Arushi Chandan	BSc IV	—	702010240	[Signature]
7)	Pranali V. Ghole	BSc IV	—	876701981	[Signature]
8)	Pranali D. Jadhav	BSc IV	—	—	[Signature]
9)	Arushi Jadhav	BSc IV	—	—	[Signature]
10)	Prachi Mundane	BSc IV	—	876725239	[Signature]
11)	Prachi A. Gunde	BSc IV	—	876700000	[Signature]
12)	Shivani N. Thakur	BSc IV	—	802222222	[Signature]
13)	Prathal R. Patil	BSc IV	—	802222222	[Signature]
14)	Pratiksha K. Chavhan	BSc IV	—	955030000	[Signature]
15)	Komal A. Bhagat	BSc IV	—	—	[Signature]
16)	Laxmi S. Manbade	BSc IV	—	—	[Signature]
17)	Divya A. Jadhav	BSc IV	—	—	[Signature]
18)	Komal S. Kulkarni	BSc IV	—	—	[Signature]
19)	Tanuja P. Kulkarni	BSc IV	—	—	[Signature]
20)	Pratiksha G. Kulkarni	BSc IV	—	—	[Signature]
21)	Shreyas P. Sawant	BSc IV	—	—	[Signature]
22)	Mahini N. Niswade	BSc IV	—	—	[Signature]
23)	Shreyas K. Jadhav	BSc IV	—	—	[Signature]
24)	Achu A. Bhave	BSc IV	—	—	[Signature]
25)	Arushi S. K. Chavhan	BSc IV	—	832281242	[Signature]
26)	Arushi S. Bhave	BSc IV	—	—	[Signature]
27)	Vaishnavi Kulkarni	BSc IV	—	—	[Signature]

IQAC Co-ordinator
 Rajarshee Shahu Science College
 Chandur Rly., Dist. Amravati

Principal
 Rajarshee Shahu Science College
 Chandur Rly. Distt. Amravati

Dr. S. P. Patharkar
 Convener
 Department of Botany

Dr. R. V. Kene
 Convener
 Internal Complaint Committee /Women Cell

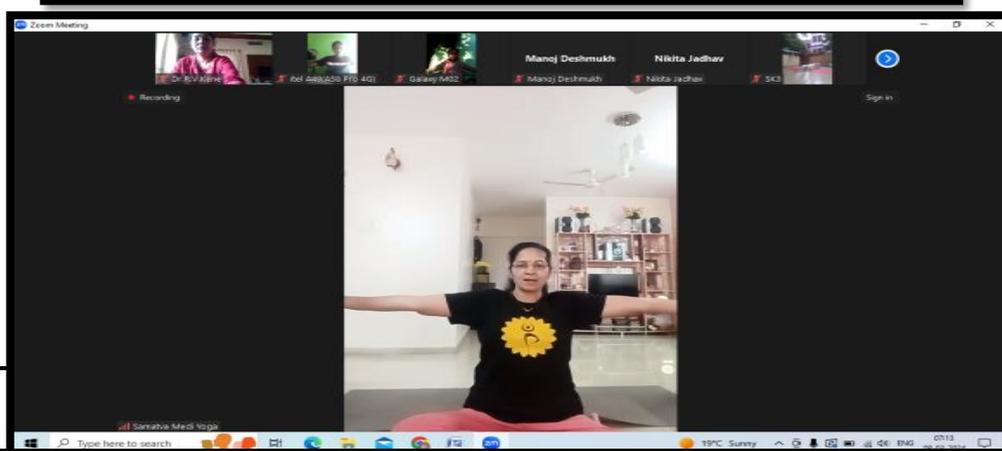
[Signature]
IQAC Co-ordinator
 Rajarshee Shahu Science College
 Chandur Rly., Dist. Amravati

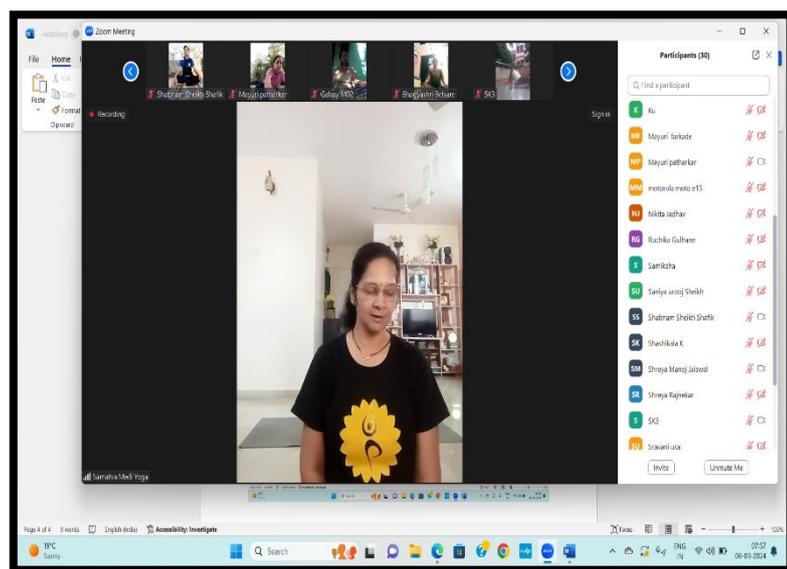
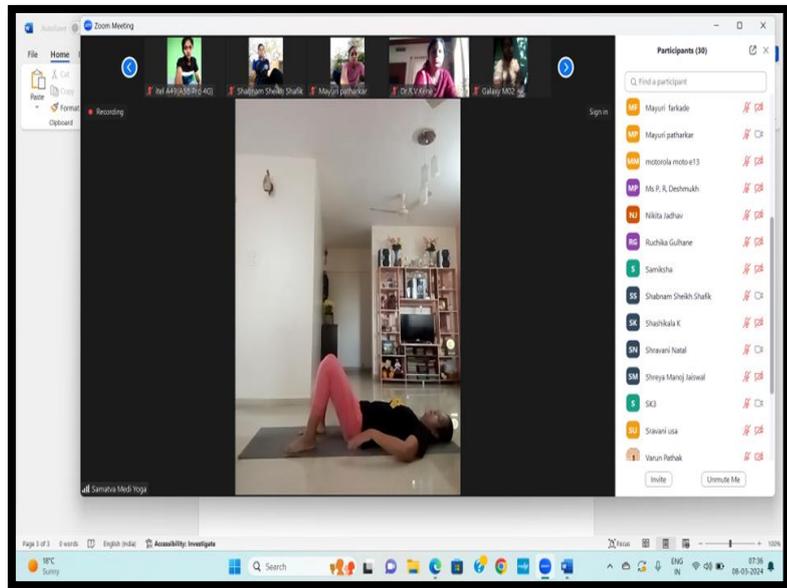
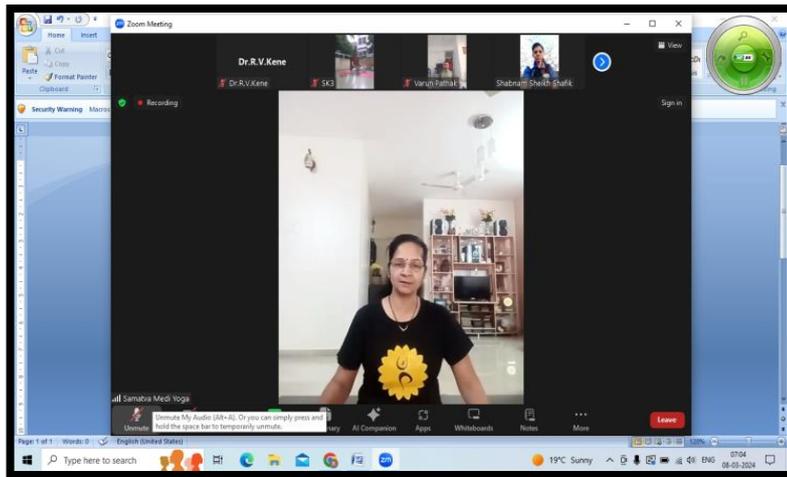


[Signature]
Principal
 Rajarshee Shahu Science College
 Chandur Rly. Distt. Amravati

ONLINE MEDITATION SESSION FOR HEALTH AND WELLNESS OF WOMEN

A Yoga and Meditation awareness program was conducted online on Zoom Platform by Ms. Meenal M. Badve director of Samatva Medi Yoga was the resource person and she discussed yoga asanas, breathing exercise and meditation techniques. At the end of the program, students had strong take aways on how to maintain and restore their energy levels through meditation and exercise. During this ten-day long program, the Women Cell, in collaboration with Drawing and Painting Department, organized a Poster Competition on 'Women Empowerment' to drive student awareness. More than forty students participated enthusiastically and showcased their creative abilities. The prizes were distributed for the best creative entries.





Students Actively Participated in Meditation session

Broucher:



Atul Vidya Mandir, Wardha's
Rajarshee Shahu Science College
Virul Road, Chandur Rly, Dist. Amravati PIN - 444 904
(College Code : 807)



In Celebration of International Women's Day – 2024
Women Cell in collaboration with Samatva Yoga Classes



FREE MEDITATION SESSION ON WOMEN'S DAY
Stress has occupied our life to a large extent. Women are mostly suffered as they are multitasking. If the woman in the family is strong the whole family is healthy. Meditation is the best solution to combat stress.

8 MARCH

Registration link – <https://forms.gle/qpZwvFNcJkwb2aVD9>

Register Now

Online Meditation Session for Health and Wellness of Women.

Join Via Zoom Meeting
<https://us02web.zoom.us/j/41397441322?pwd=QjJMcUx1RTJlbnNlVEM5dHlFMHRkZ09kbnRz.1>
Meeting ID: 413 974 4132
Passcode: blessings

Friday
Morning At 7:00 am to 8:00 am

RESOURCE PERSON



Samatva Medi Yoga
Office / Online Fitness Yoga Classes
Name: Meenal Mind Bhave
Email id: meenalbhave@gmail.com
Cont. No: 9423262259
(Dist. Distraction)

Yoga Qualification:
1. YIC / Yoga Instructor Course / From SYVISA, Bangalore
2. Medical Yoga Therapy & Yoga & Bio Therapy Training / From Genesis Medical Yoga, Pune.
3. Med / Yoga & Meditation from MIT World Peace University, Pune
Working since 2012 as Yoga Trainer

Working as a Medical Yoga Therapist From March 2019
In June 2019 started Samatva Medi Yoga, yoga institute for fitness yoga classes & medical yoga therapy. Having 3 branches in Balwanth-Baner area.
- Activities @ Samatva medi Yoga
1. Fitness yoga
2. Kids yoga
3. Yoga for Senior citizens
4. Asthma / prenatal yoga
5. Medical yoga therapy for PCOD, PCOS, menopause, diabetes, BP, asthma, acidity, constipation, stress management
6. Medical yoga therapy with Yoga & bath for osteoarthritis (knee, lower back & cervical pain)
7 Corporate training/ Medical Yoga teacher training course/ Online training for overseas clients/ Online option available for all the classes.
- Conducted
#Shudhi krava workshop-Shudhi-prasadhhan, Jalmit, tratin #Prayansankar day #Yoga day celebration #Summer camps for kids from 1st to 6th year / therapy sessions

Overall 8+ years teaching experience in yoga.

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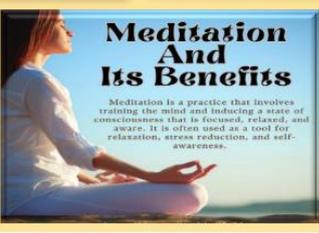
Samatva Medi Yoga
Office / Online Fitness Yoga Classes
Name: Jagruti Pravin Dusane
Email id: dusanejagruti@gmail.com
Cont. No: 9881333724

Yoga Qualification:
1. YIC / Yoga Instructor Course / From SYVISA, Bangalore
2. Medical Yoga Therapy & Yoga & Bio Therapy Training / From Genesis Medical Yoga, Pune.
3. Med / Yoga & Meditation from MIT World Peace University, Pune
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- Conducted
#Shudhi krava workshop-Shudhi-prasadhhan, Jalmit, tratin #Prayansankar day #Yoga day celebration #Summer camps for kids from 1st to 6th year / therapy sessions

Overall 6+ years teaching experience in yoga.

9881333724 | 9423262259



Meditation And Its Benefits
Meditation is a practice that involves training the mind and inducing a state of consciousness that is focused, relaxed, and aware. It is often used as a tool for relaxation, stress reduction, and self-awareness.

Organizing Committee

Convener **Dr. S. A. Wani**
Women Cell Members IQAC Coordinator

Dr. P. R. Wadnerkar
Principal

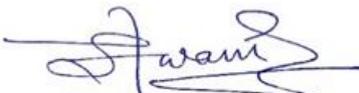
Organizing Committee

Ms. M. S. Palaspagar
Co-convener
Women Cell

Dr. R. N. Bhagat
Co-convener
Women Cell

Dr. S. P. Patharkar
Co-convener
Women Cell

Dr. R. V. Kene
Convener
Women Cell


Dr. S. A. Wani
IQAC Co-ordinator
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati




Dr. P. R. Wadnerkar
Principal
Rajarshee Shahu Science College
Chandur Rly. Dist. Amravati

AWARENESS PROGRAM ON USE AND DISPOSAL OF SANITARY NAPKINS

There are several reasons why disposing of sanitary napkins the right way is important. If not done dispose the correct way, it might lead to the spread of infections and bacteria. To aware the students about the use and disposal of sanitary napkins, Women Cell of our college organized a awareness program on 26th February 2024 at 4pm. In this program the advisor women cell convener Dr. R. V. Kene told that not doing the right thing will only harms the environment and lead to further problems. We guided the students about the few ways to ensure proper disposal of sanitary pads. All the girl students were present for this program.





Students actively participated in group discussion with resource person

Students Participation List -

Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati
Accredited with 'B' Grade by NAAC

Attendance of Participants

Title of Programme: *Advantess program on use and disposal of sanitary Napkin*
Organized by: *Women Cell* Date: *26/02/24*
Venue: *Abul Fajjar Hall* Signature of Convener: *[Signature]*

No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
1	Maadhavi S. Deshmukh	B.Sc.II		9326806091	[Signature]
2	Shruti M. Talwalkar	B.Sc.II		762064979	[Signature]
3	Sangeeta Shambhu Shinde	B.Sc.II		9329021337	[Signature]
4	Smitika Chimanekar	B.Sc.II		762064979	[Signature]
5	Prachi S. Mundane	B.Sc.II			[Signature]
6	Barun Chaudhary	B.Sc.II			[Signature]
7	Manasa Chaudhary	B.Sc.II			[Signature]
8	Manasa Chaudhary	B.Sc.II			[Signature]
9	Manasa Chaudhary	B.Sc.II			[Signature]
10	Manasa Chaudhary	B.Sc.II			[Signature]
11	Manasa Chaudhary	B.Sc.II			[Signature]
12	Manasa Chaudhary	B.Sc.II			[Signature]
13	Manasa Chaudhary	B.Sc.II			[Signature]
14	Manasa Chaudhary	B.Sc.II			[Signature]
15	Manasa Chaudhary	B.Sc.II			[Signature]
16	Manasa Chaudhary	B.Sc.II			[Signature]
17	Manasa Chaudhary	B.Sc.II			[Signature]
18	Manasa Chaudhary	B.Sc.II			[Signature]
19	Manasa Chaudhary	B.Sc.II			[Signature]
20	Manasa Chaudhary	B.Sc.II			[Signature]
21	Manasa Chaudhary	B.Sc.II			[Signature]
22	Manasa Chaudhary	B.Sc.II			[Signature]
23	Manasa Chaudhary	B.Sc.II			[Signature]
24	Manasa Chaudhary	B.Sc.II			[Signature]
25	Manasa Chaudhary	B.Sc.II			[Signature]
26	Manasa Chaudhary	B.Sc.II			[Signature]
27	Manasa Chaudhary	B.Sc.II			[Signature]
28	Manasa Chaudhary	B.Sc.II			[Signature]
29	Manasa Chaudhary	B.Sc.II			[Signature]
30	Manasa Chaudhary	B.Sc.II			[Signature]

No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
1	Sekshi Pandit	B.Sc.II		9326806091	[Signature]
2	Achal Ingole	B.Sc.II		762064979	[Signature]
3	Shruti Jitkate	-II-		9329021337	[Signature]
4	Sampada Thakare	-II-		762064979	[Signature]
5	Achal Gajale	-II-			[Signature]
6	Achal Keshu	-II-			[Signature]
7	Kamini	B.Sc.II		8156789367	[Signature]
8	Prachi S. Mundane	B.Sc.II		8880551015	[Signature]
9	Prachi S. Mundane	B.Sc.II		8767890483	[Signature]
10	Prachi S. Mundane	B.Sc.II		8080026693	[Signature]
11	Vaishnavi P. Tale	-II-		9329768888	[Signature]
12	Prachi S. Mundane	-II-		9322818611	[Signature]
13	Vaishnavi K. Keshu	-II-		8156789367	[Signature]
14	Prachi S. Mundane	-II-		7204950909	[Signature]
15	Prachi S. Mundane	-II-			[Signature]
16	Prachi S. Mundane	-II-			[Signature]
17	Prachi S. Mundane	-II-			[Signature]
18	Prachi S. Mundane	-II-			[Signature]
19	Prachi S. Mundane	-II-			[Signature]
20	Prachi S. Mundane	-II-			[Signature]
21	Prachi S. Mundane	-II-			[Signature]
22	Prachi S. Mundane	-II-			[Signature]
23	Prachi S. Mundane	-II-			[Signature]
24	Prachi S. Mundane	-II-			[Signature]
25	Prachi S. Mundane	-II-			[Signature]
26	Prachi S. Mundane	-II-			[Signature]
27	Prachi S. Mundane	-II-			[Signature]
28	Prachi S. Mundane	-II-			[Signature]
29	Prachi S. Mundane	-II-			[Signature]
30	Prachi S. Mundane	-II-			[Signature]

Organizing Committee

Ms. M. S. Palaspagar
Co-convener
Women Cell

Dr. R. N. Bhagat
Co-convener
Women Cell

Dr. S. P. Patharkar
Co-convener
Women Cell

Dr. R. V. Kene
convener
Women Cell

[Signature]
IQAC Co-ordinator
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati



[Signature]
Principal
Rajarshee Shahu Science College
Chandur Rly. Dist. Amravati

HEALTH CHECK UP CAMP

On February 13, 2024, the Woman Cell, in collaboration with NSS and Rural Hospital, Chandur Rly organized a Free Health Camp to spread awareness on health and fitness among girls and women's. The camp was a huge success and the set-up at Dattak Gram Kalamjapur was participation from more than 60 girl students and Women of the Village for getting Sugar, Cholesterol and Hemoglobin tests done. The results were shared with the participants which made them more aware of their health and pushed them to take positive steps for their health.



Free Health Camp to spread awareness on health and fitness among girls and women's



Organizing Committee

Ms. M. S. Palaspagar
Co-convener
Women Cell

Dr. R. N. Bhagat
Co-convener
Women Cell

Dr. S. P. Patharkar
Co-convener
Women Cell

Dr. R. V. Kene
convener
Women Cell


IQAC Co-ordinator
Rajarshree Shahu Science College
Chandur Rly., Dist. Amravati




Principal
Rajarshree Shahu Science College
Chandur Rly Distt. Amravati

GIRLS ORIENTATION PROGRAMM

On October 09, 2023, Girl's orientation program was organized at the Late Atul Jagtap Hall for the first-year undergraduate girl students of the college which aimed at familiarizing them with college campus environment, infrastructure and different committees. Dr. R. V. Kene addressed the students and informed them of the Vision, Mission and Objectives of the Women Cell and ICC. Students were also introduced to the members of the Women Cell and ICC whom they could approach for support and guidance. This event was followed by Dr. R. V. Kene delivering a motivational talk titled 'Vicha Ranchi Shakti' which advised students on a few simple ways to maintain positivity and happiness in life. The students were also guided on techniques for balancing their energy for bringing integrity in various aspects of life. The sessions were effective and informative for all the girl students.



Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati
Accredited with 'B' Grade by NAAC
Attendance of Participants

Title of Program: Girl's Orientation Program

Organized by: Women Cell Date: 9/10/2023
Venue: Lakhi Hall Jagtap Hall Signature of Convener: Parv

Sr. No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
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Sr. No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
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3	Shreya Tibhate	BSc IV		9359021350	[Signature]
4	Sampada Thakare	BSc IV		762064977	[Signature]
5	Achal Galale	BSc IV			[Signature]
6	Achal Kadam	BSc IV			[Signature]
7	Komal	BSc IV		916470638	[Signature]
8	Pratiksha	BSc IV		955051015	[Signature]
9	Anjali P. Kaul	BSc IV		9777668888	[Signature]
10	Vaishnavi P. Tale	BSc IV		9888779999	[Signature]
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12	Vaishnavi K. Kadam	BSc IV		9322818611	[Signature]
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15	Anshwari D. Dhole	BSc IV			[Signature]
16	Anjali Dhole	BSc IV			[Signature]
17	Prachi Mundane	BSc IV		8767728289	[Signature]
18	Pranali P. Dhole	BSc IV		80107609	[Signature]
19	Shivani N. Thakare	BSc IV		728461886	[Signature]
20	Pratishtha R. Dongare	BSc IV		9333445555	[Signature]
21	Pratik R. Chitambar	BSc IV		935694998	[Signature]
22	Rohini J. Mahale	BSc IV		8767481833	[Signature]
23	Achal K. Wanjikar	BSc IV		905572093	[Signature]
24	Prachi K. Wanjikar	BSc IV		985561970	[Signature]
25	Rachha Lamate	BSc IV		7822001961	[Signature]

Organizing Committee

Ms. M. S. Palaspagar
Co-convener
Women Cell

Dr. R. N. Bhagat
Co-convener
Women Cell

Dr. S. P. Patharkar
Co-convener
Women Cell

Dr. R. V. Kene
convener
Women Cell

[Signature]
IQAC Co-ordinator
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati



[Signature]
Principal
Rajarshee Shahu Science College
Chandur Rly. Dist. Amravati

POSTER MAKING COMPETITION ON “MILLETS- SUPER FOOD FOR FUTURE HEALTH

On the occasion of International Year of Millets -2023, Department of Botany and Women Cell organized Poster Making Competition on “Millets-Super Food for Future Health Perspective “on 4th October 2023 at Department of Botany. Total 36 students participated in this competition. The aims of this competition were to raise awareness about the importance of Millets and their health benefits. The jury for this competition was Ms. Seema Jagtap, Assistant Prof., Department of English, Mahila Mahavidyalaya, Chandur Rly.



Broucher :



Atul Vidyamandir, Wardha's
RAJARSHEE SHAHU SCIENCE COLLEGE, CHANDUR RAILWAY
 Virul Road, Chandur Railway Dist. Amravati PIN 444904



POSTER MAKING COMPETITION ON
"Millets - Super food for future health perspective"
ORGANISED BY
DEPARTMENT OF BOTANY AND WOMEN'S CELL

Guidelines/Rules for Poster Making Competition:

- ❖ Each Participant can participate in only one Poster.
- ❖ The poster must be made on the more than A4 size (sheet with margins (0.5 inches) drawn with black pen/marker.
- ❖ Poster can be made using pencil, crayon, watercolor, oil paint, etc. Photographs, wires, other 3D objects, print-outs won't be acceptable. It should be original, and hand made.
- ❖ The topic of the poster and theme should be clearly mentioned at the Top Margin of the Poster.
- ❖ Poster should contain personal details like Name, Class, College etc. of the participants. These details should also be mentioned in registration only.

Rules for Poster Making Competition:

- Open for all the students
- Registration is compulsory
- The poster must be made on the A3 size (11.7 x 16.5 inches) sheet with margins (0.5 inches) drawn with black pen/marker.
- One person can submit two posters only.
- First three winners will be given prizes.
- First 10 winners will be awarded appreciation certificates
- Participation certificates to all.
- Evaluation is based on the following criteria: Concept -40% Innovation and Presentation - 60%
- **PRIZES:** Attractive prizes will be given to the winners and participants.



Different Types of MILLETS



1. Finger Millet (Ragi)



2. Foxtail Millet (Kakum/Kangni)



3. Sorghum Millet (Jowar)



4. Pearl Millet (Bajra)



5. Buckwheat Millet (Kuttu)



6. Amaranth Millet



7. Little Millet



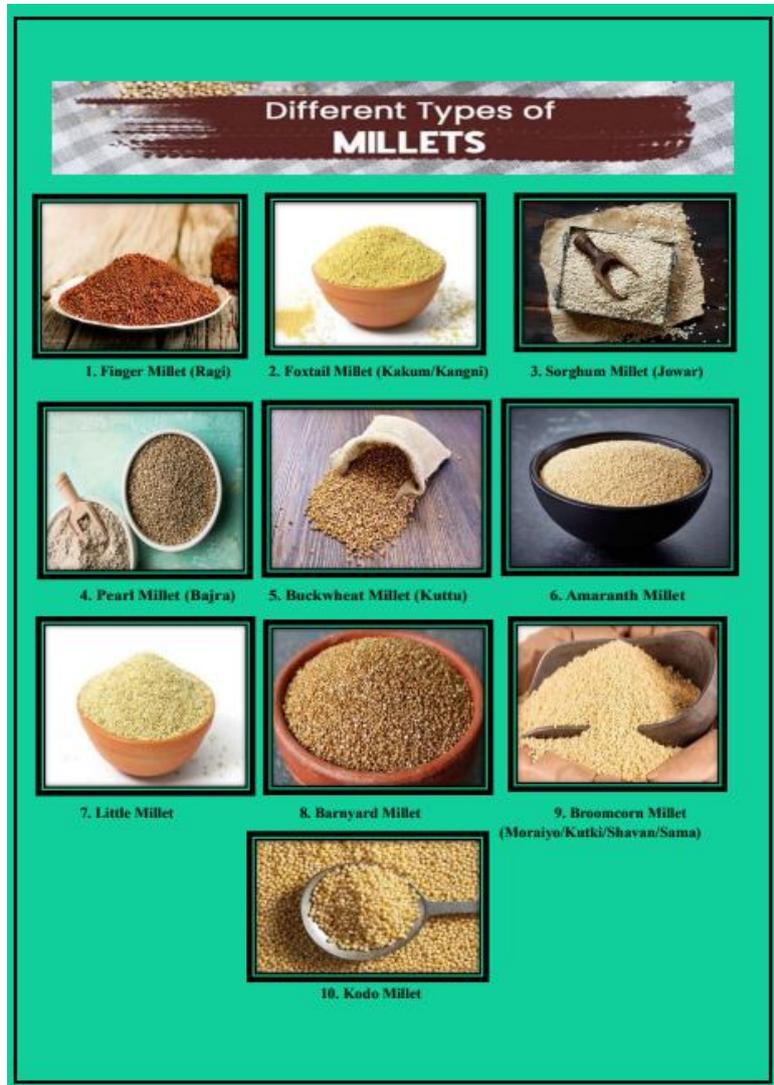
8. Barayard Millet



9. Broomcorn Millet (Moraiyo/Kutki/Shavan/Sama)



10. Kodo Millet



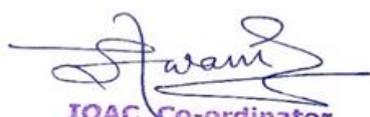
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Chandur Rly., Dist. Amravati




Principal
Rajarshee Shahu Science College
Chandur Rly Dist. Amravati

AWARENESS PROGRAM ON MENSTRUAL HYGIENE

An awareness program on “Menstruation Hygiene” was conducted on 26th July 2023 by Women Cell in collaboration with ICC and NSS department of our college. The objective of the program was to enhance the knowledge regarding menstrual hygiene and increased the awareness among the students and the faculty members about menstrual hygiene. The **guest** speaker of the program was **Ms. Varsha Deshmukh**, UJAS Foundation. The guest speaker shared her vast experience, knowledge and her thoughts about menstrual hygiene. The session lasted for 2 hours and proved to be very engaging and captivating for all the participants. The program was anchored by convener Dr. R.V.Kene and vote of thanks was proposed by Prof. Ms.M.S. Palaspagar. Around 100 girl students of Junior and senior college participated in the program along with ladies’ staffs.

