



Annual Gender sensitization Action Plan

Rajarshee Shahu Science College Chandur Railway's main goal is to develop students in all aspects of their lives so that they can reach their full potential and excel in all spheres of life. Women Cell, Internal Complaint Committee, Anti-Ragging Committee and NSS unit consistently organize various programs and activities to make the girl students aware of feministic issues. College Principal encourage these cells to organize programs to deal with varied gender sensitization programs. The overall intention of all such programs is to establish healthy social norms that appreciate females and their rights. There are Girls' Common Room in the college campus.

Students' representatives will work in these committees. In academic session 2023-2024, certain programs will be organized and objectives of these programs will provide equal opportunities and outcomes for boys and girls, sensitize the students on the gender discrimination issues and furnish an integrated approach to know the social and cultural constructions of gender that shape the experiences of women and men in society. Besides, the students will be guided about gender equality concerns and female rights. The college aims to organize the awareness programs through lectures, national seminars, workshops to accomplish the objectives of gender neutrality.


Women empowerment and gender equality are one of the primary concerns of Rajarshee Shahu Science College, Chandur Railway. Annual gender sensitization Action plane is devised to conduct various gender sensitization activities on regular basis.

Objective:

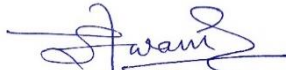
To promote gender equality, inclusiveness, tolerance, harmony among the students and the staff leading to women empowerment.

Annual Gender Sensitization Action Plan:

- To create and propagate a safe, secure and healthy environment to achieve gender equality and to ensure respectful and dignified behavior at all levels.
- To conduct induction and orientation programs for the students to promote gender sensitization.
- Conduct awareness programs for the girls' students regarding self-defense, Aids awareness etc.
- Promoting activities pertaining Health, Cleanliness, Personal Hygiene, and Nutrition.
- To conduct Activities for students regarding Entrepreneurship Development and career enhancement.
- To organized workshops related to cybercrime, safety and security especially for the girls' students under Women Cell.
- To prepare and deploy Students code of conduct to promote the gender equality at college level.
- Regular problem solving, counselling and encouragement through the mentor.


Principal
Rajarshee Shahu Science College
Chandur Rly Dist. Amravati




IQAC Co-ordinator
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati



Annual Plan of Women's Cell and Internal Complaint Committee during 2023-24

The Women's Cell, Internal Complaint Committee, and NSS Unit collaboratively organize a plethora of programs and activities aimed at empowering female students and fostering awareness about feminist issues. The Internal Quality Assurance Cell (IQAC) extends its support to these cells, encouraging them to devise initiatives that promote gender sensitization, women's safety, and equality.

Through these concerted efforts, our institution strives to establish a culture that values and respects the rights of women, thereby creating a harmonious and inclusive environment. To facilitate this, we have designated a girls' common room within the campus, providing a safe space for relaxation and socialization.

Student representatives play a vital role in these committees, ensuring that the voices and concerns of their peers are heard and addressed. Below is a summary of our annual plans for promoting gender equality, empowering women, and ensuring a safe and inclusive campus culture:

Sr. No	Year	Date	Activities Name	Student Attendance	Page No.
1	2023 - 2024	09/3/2024	Candle Making Workshop	52	2 - 7
2		8/3/2024	Yoga and Meditation Session	30	8 - 10
3		26/02/2024	Awareness Program on use and Disposal of Sanitary Napkins	98	11 - 12
4		13/02/2024	Health Check Up Camp	60	13 - 14
5		09/10/2023	Girl's Orientation Program	72	15 - 16
6		07/10/2023	Poster Making Competition on "Millets-Super Food for Future Health Perspective"	36	17 - 19
7		26/07/2023	Awareness Program on Menstrual Hygiene	100	20 - 21

ONE DAY WORKSHOP ON CANDLE MAKING

On the occasion of International Women's Day one day candle Making workshop was organized on 9th March 2024 at Late Atul Jagtap Hall. The guest for this program was Mrs. Smita S. Sutar, Director of Smita's Kitchen Aroma cooking and Baking Classes, Youtuber, Wardha. Near about 52 participants participated in this workshop. This workshop will see the students not only learn the process of candle making but also explore their creative side.

Besides the activities mentioned, counseling, interactive and feedback sessions on multiple topics were conducted for the girl students on weekly basis throughout the year. The Girls' Common Room is a facility established for all girl students to convene, engage and collaborate on matters of importance. It is a well-ventilated facility (equipped with a separate washroom) and provides notice board and other resources offered by the Women Cell. The facility has a complaint box to report any wrongdoings, and a sanitary napkin vending machine and disposal machine is also installed to ensure the health and wellness of the girl students. The Women Cell strives to create a better and just society by empowering girl students. To ensure mental health and wellness of girl students, the cell is planning to provide facilities like mental counseling sessions.



Mrs. Tanisha Wankhade B.Sc. Part III (CBZ) student coordinated the event.





Students Actively Participation in workshop

Broucher:



Atul Vidya Mandir, Wardha's

Rajarshee Shahu Science College

Virul Road, Chandur Rly, Dist. Amravati PIN - 444 904
(College Code : 807)





RESOURCE PERSON

Mrs. Smita Sutar

Director of Smita's Kitchen Aroma
Cooking and Baking Classes

Celebration of International Women's Day -2024
Women Cell Present

**One Day
Candle Making
Workshop**

By Smita Shirish Sutar

Register
Now...!!

@ **100/-**

Learn

Ice Candle

Gel Candle

Aroma Candle

Customized Candle

Floating Candle

Water Candle

Many More for

Self Employment

Decor your own Home

Gift Some one Special

TO REGISTER CALL

9096682957

SATURDAY 9TH MARCH 2024 AT 11:00 AM







Convener

Women Cell Members

Organizing Committee

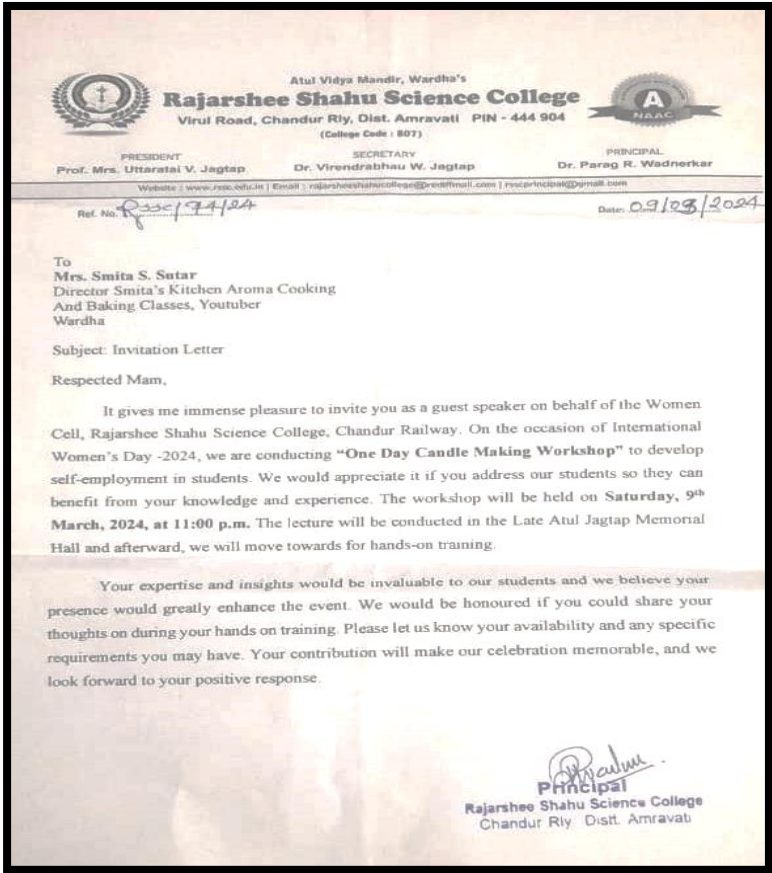
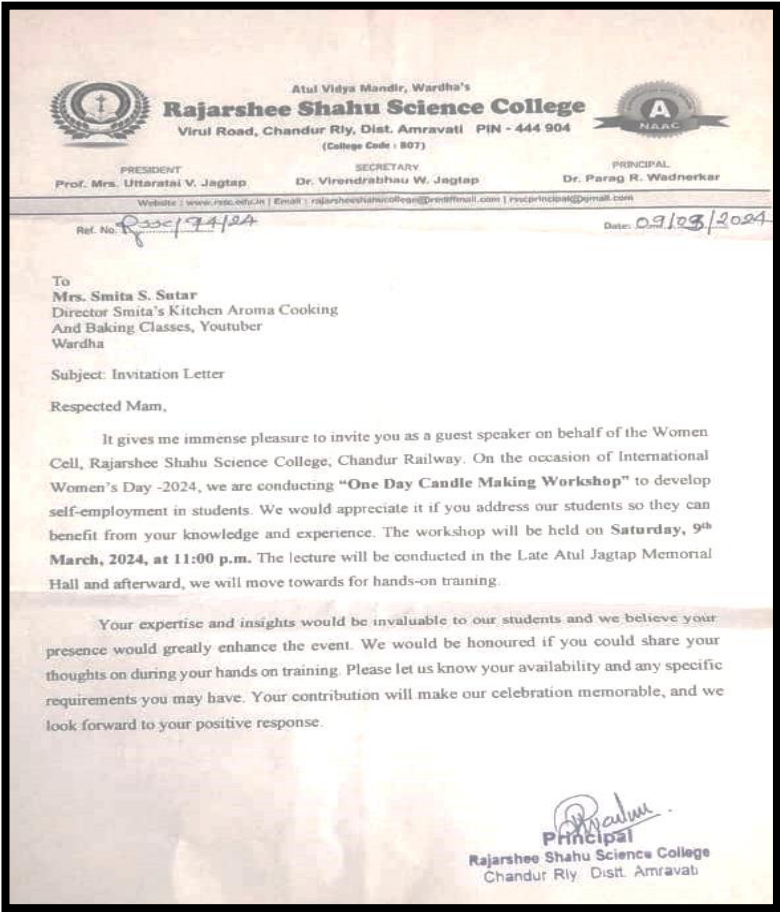
Dr. S. A. Wani
IQAC Coordinator

Dr. P. R. Wadnerkar
Principal

Rajarshee Shahu Science College, Chandur Railway, Dist. Amravati, Maharashtra

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Resource Person Letter:



Students Participation List -

Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati
Accredited with B⁺ Grade by NAAC

Attendance of Participants

Title of Programme : Candle making Workshop

Organized by : Women cell Date : 3/03/2019

Venue : Late Atul Jagtap Hall Signature of Convener : [Signature]

No.	Name of Student / Participant	Class	Enroll ID	Contact No.	Signature
1)	Gayatri G. Bhagwat	B.Sc. IV	65501554	98201554	[Signature]
2)	Laxmi S. Marbade	B.Sc. IV	65501555	98201555	[Signature]
3)	Suhani B. Patil	B.Sc. IV	65501556	98201556	[Signature]
4)	Vaishnavi D. Deshpande	B.Sc. IV	65501557	98201557	[Signature]
5)	Komal A. Bhagwat	B.Sc. IV	65501558	98201558	[Signature]
6)	Tanuj D. Tambhare	B.Sc. IV	65501559	98201559	[Signature]
7)	Divya A. Jadhav	B.Sc. IV	65501560	98201560	[Signature]
8)	Pratiksha P. Marbade	B.Sc. IV	65501561	98201561	[Signature]
9)	Ku. Anshul P. Deshpande	B.Sc. IV	65501562	98201562	[Signature]
10)	Ku. Sakshi S. Gokhale	B.Sc. IV	65501563	98201563	[Signature]
11)	Divya G. Kulkarni	B.Sc. IV	65501564	98201564	[Signature]
12)	Manjari P. Patil	B.Sc. IV	65501565	98201565	[Signature]
13)	Samiksha P. Patil	B.Sc. IV	65501566	98201566	[Signature]
14)	Archi S. Jadhav	B.Sc. IV	65501567	98201567	[Signature]
15)	Shreyas Jadhav	B.Sc. IV	65501568	98201568	[Signature]
16)	Manika S. Jadhav	B.Sc. IV	65501569	98201569	[Signature]
17)	Mirita S. Jadhav	B.Sc. IV	65501570	98201570	[Signature]
18)	Pooja A. Bhase	B.Sc. IV	65501571	98201571	[Signature]
19)	Pratiksha P. Kulkarni	B.Sc. IV	65501572	98201572	[Signature]
20)	Samiksha T. Kulkarni	B.Sc. IV	65501573	98201573	[Signature]
21)	Pratiksha S. Kulkarni	B.Sc. IV	65501574	98201574	[Signature]
22)	Komal S. Kulkarni	B.Sc. IV	65501575	98201575	[Signature]
23)	Sakshi S. Jadhav	B.Sc. IV	65501576	98201576	[Signature]
24)	Shreelika A. Kulkarni	B.Sc. IV	65501577	98201577	[Signature]
25)	Samiksha P. Kulkarni	B.Sc. IV	65501578	98201578	[Signature]
26)	Manika S. Jadhav	B.Sc. IV	65501579	98201579	[Signature]
27)	Pratiksha S. Jadhav	B.Sc. IV	65501580	98201580	[Signature]

No.	Name of Student / Participant	Class	Enroll ID	Contact No.	Signature
1)	Pratiksha P. Kulkarni	B.Sc. IV	65501581	98201581	[Signature]
2)	Anshul P. Kulkarni	B.Sc. IV	65501582	98201582	[Signature]
3)	Vaishnavi P. Jadhav	B.Sc. IV	65501583	98201583	[Signature]
4)	Pratiksha P. Jadhav	B.Sc. IV	65501584	98201584	[Signature]
5)	Vaishnavi P. Jadhav	B.Sc. IV	65501585	98201585	[Signature]
6)	Pratiksha P. Jadhav	B.Sc. IV	65501586	98201586	[Signature]
7)	Vaishnavi P. Jadhav	B.Sc. IV	65501587	98201587	[Signature]
8)	Pratiksha P. Jadhav	B.Sc. IV	65501588	98201588	[Signature]
9)	Vaishnavi P. Jadhav	B.Sc. IV	65501589	98201589	[Signature]
10)	Pratiksha P. Jadhav	B.Sc. IV	65501590	98201590	[Signature]
11)	Vaishnavi P. Jadhav	B.Sc. IV	65501591	98201591	[Signature]
12)	Pratiksha P. Jadhav	B.Sc. IV	65501592	98201592	[Signature]
13)	Vaishnavi P. Jadhav	B.Sc. IV	65501593	98201593	[Signature]
14)	Pratiksha P. Jadhav	B.Sc. IV	65501594	98201594	[Signature]
15)	Vaishnavi P. Jadhav	B.Sc. IV	65501595	98201595	[Signature]
16)	Pratiksha P. Jadhav	B.Sc. IV	65501596	98201596	[Signature]
17)	Vaishnavi P. Jadhav	B.Sc. IV	65501597	98201597	[Signature]
18)	Pratiksha P. Jadhav	B.Sc. IV	65501598	98201598	[Signature]
19)	Vaishnavi P. Jadhav	B.Sc. IV	65501599	98201599	[Signature]
20)	Pratiksha P. Jadhav	B.Sc. IV	65501600	98201600	[Signature]

NAAC Co-ordinator
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati

Principal
Rajarshee Shahu Science College
Chandur Rly. Dist. Amravati

Dr. S. P. Patharkar
Convener
Department of Botany

Dr. R. V. Kene
Convener
Internal Complaint Committee / Women Cell

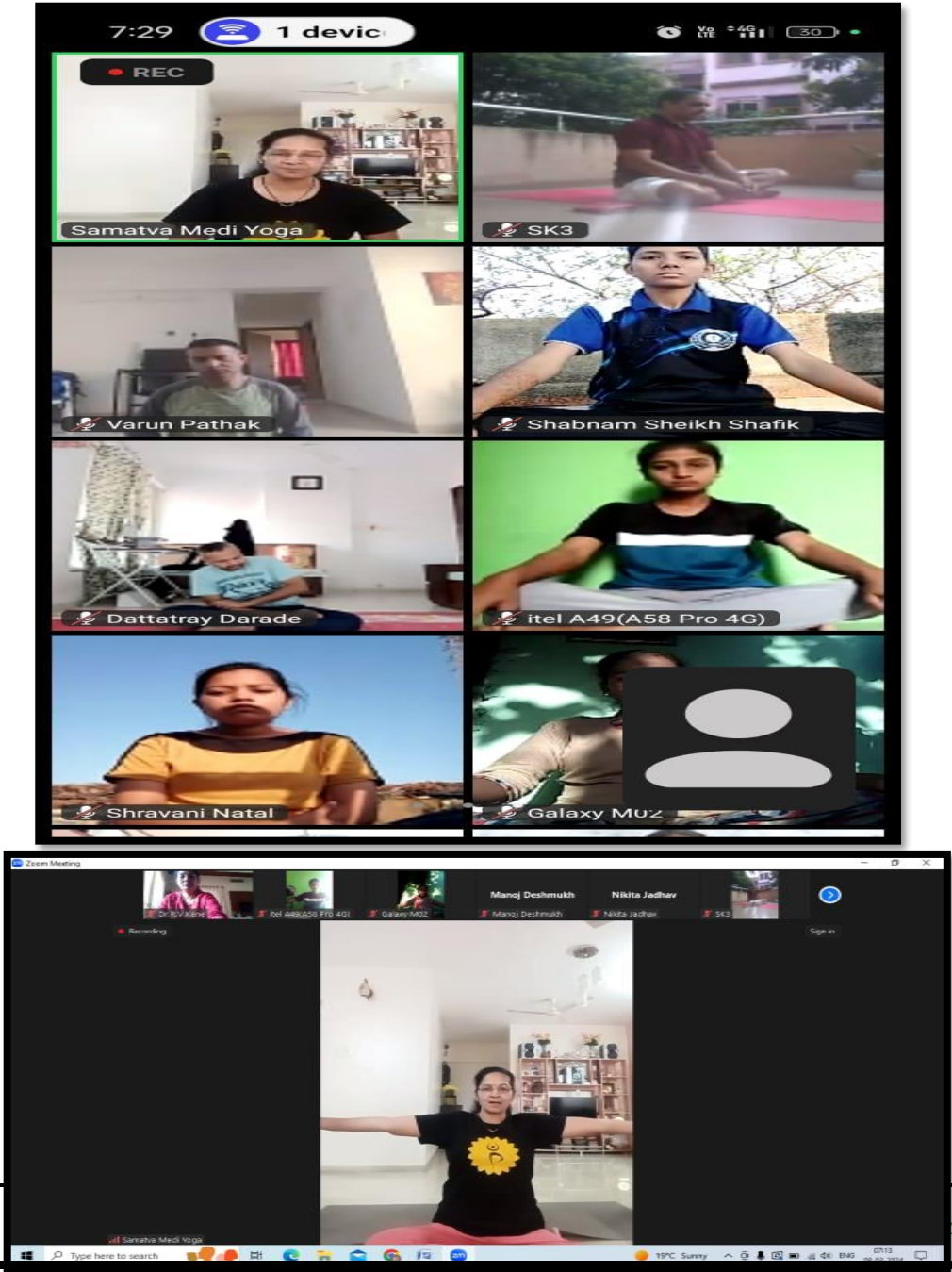
Dr. S. P. Patharkar
IQAC Co-ordinator
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati

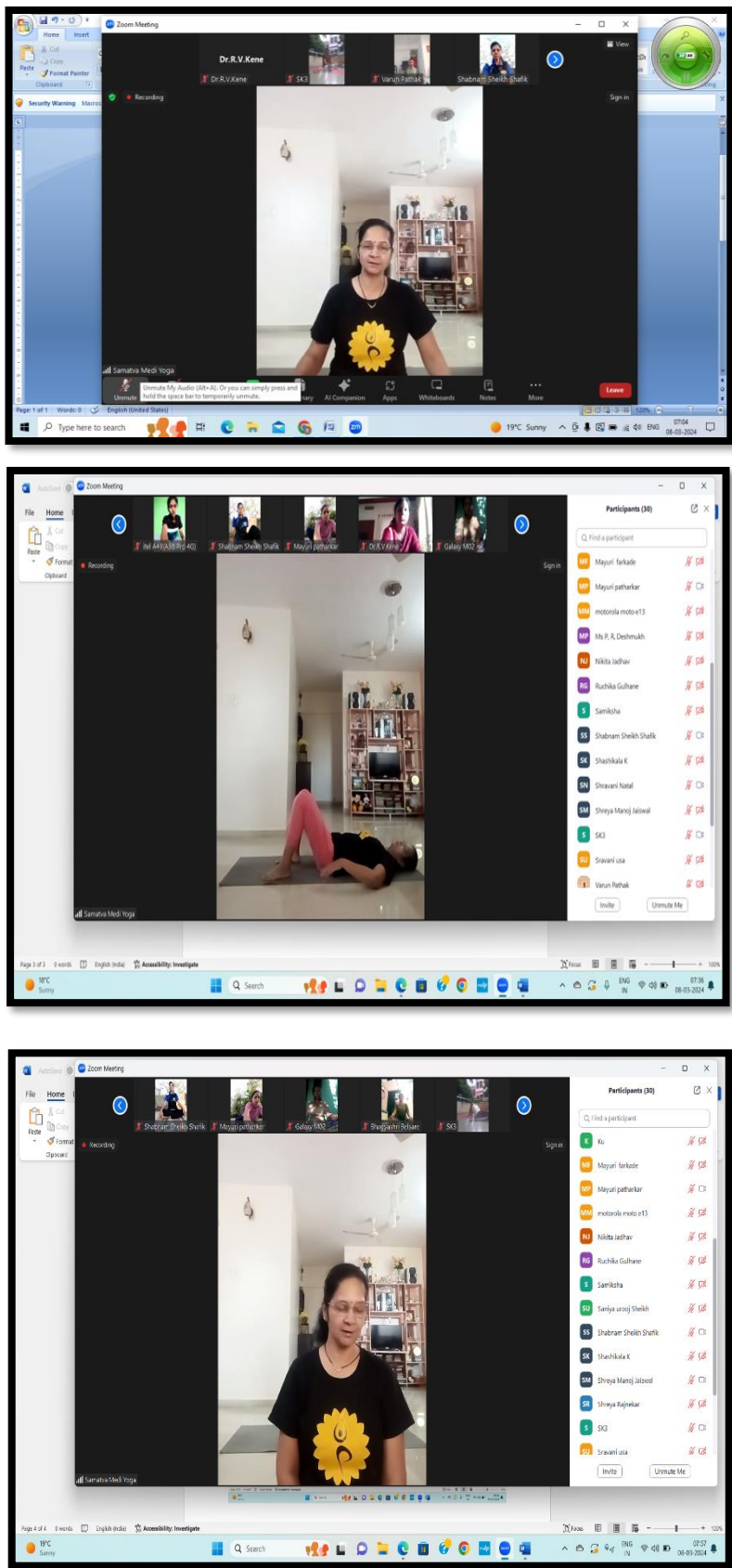


Dr. R. V. Kene
Principal
Rajarshee Shahu Science College
Chandur Rly. Dist. Amravati

ONLINE MEDITATION SESSION FOR HEALTH AND WELLNESS OF WOMEN

A Yoga and Meditation awareness program was conducted online on Zoom Platform by Ms. Meenal M. Badve director of Samatva Medi Yoga was the resource person and she discussed yoga asanas, breathing exercise and meditation techniques. At the end of the program, students had strong take aways on how to maintain and restore their energy levels through meditation and exercise. During this ten-day long program, the Women Cell, in collaboration with Drawing and Painting Department, organized a Poster Competition on ‘Women Empowerment’ to drive student awareness. More than forty students participated enthusiastically and showcased their creative abilities. The prizes were distributed for the best creative entries.





Students Actively Participated in Meditation session

Broucher:



Atul Vidya Mandir, Wardha's

Rajarshee Shahu Science College

Virul Road, Chandur Rly, Dist. Amravati PIN - 444 904
(College Code : 807)



In Celebration of International Women's Day – 2024

Women Cell in collaboration with Samatva Yoga Classes

FREE

MEDITATION

SESSION ON

WOMEN'S DAY

Organised



Stress has occupied our life to a large extent. Women are mostly suffered as they are multitasking. If the woman in the family is strong the whole family is healthy. Meditation is the best solution to combat stress.



Registration link –
<https://forms.gle/qpZwvFNeJkWB2aVD9>

Register Now

Online Meditation Session for Health and Wellness of Women.

Join Via Zoom Meeting

<https://us02web.zoom.us/j/4139744132?pwd=UjJMcUxUcUlnbnVlM5JHcFMDRkZz09&from=addon>

Meeting ID: 413 974 4132

Passcode: blessings

Friday

Morning At 7:00 am to 8:00 am

RESOURCE PERSON



Samatva Medi Yoga

Office / Online Fitness Yoga Classes

Name: Meenal Milind Badve
Email id: meenabadv@gmail.com
Cont. No. 9423262259
BscI Distinction



Samatva Medi Yoga

Office / Online Fitness Yoga Classes

Name: Jagruti Pravin Dusanu
Email id: dusanujagruti@gmail.com
Con. No. 9881333724

Yoga Qualification:

1. YC / Yoga Instructor Course / From SYMBA, Bangalore

2. Medical Yoga Therapy & Yoga & Bio Therapy Training / From Genesis Medical Yoga, Pune.

3. Med / Yoga & Meditation / from MIT / World Peace University, Pune

Working since 2012 as Yoga Trainer

Working as a Medical Yoga Therapist From March 2019

In June 2019 started Samatva Medi Yoga yoga institute for fitness yoga classes & medical yoga therapy. Having 3 branches in Balwanagar-Baner area.

Activities @ Samatva medi Yoga

1. Fitness yoga

2. Kids yoga

3. Yoga for Senior citizens

4. Antenatal / postnatal yoga

5. Medical yoga therapy for PCOD, PCOS, menopause, diabetes, BP, asthma, acidity, constipation, stress management

6. Medical yoga therapy with Yoga & bio- for osteoarthritis (knee, lower back & cervical pain)

7 Corporate training/ Medical Yoga teacher training course/ Online training for overseas client/ Online option available for all the classes.

Concluded:

#Shuddh kriya work shop-Shuddhpranayatan, Jairoti, tratan #Paryayamukhar day #Paga day celebration #Summer camp for kids done in one yoga / therapy sessions

Overall 8+ years teaching experience in yoga.

Yoga Qualification:

1. YC / Yoga Instructor Course / From SYMBA, Bangalore

2. Medical Yoga Therapy & Yoga & Bio Therapy Training / From Genesis Medical Yoga, Pune.

3. Med / Yoga & Meditation / from MIT / World Peace University, Pune

Working since 2019 as yoga trainer

Working as a Medical Yoga therapist From March 2019

In June 2019 started Samatva Medi Yoga yoga institute for fitness yoga classes & medical yoga therapy. Having 3 branches in Balwanagar-Baner area.

Activities @ Samatva medi Yoga

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Overall 8+ years teaching experience in yoga.



Meditation And Its Benefits

Meditation is a practice that involves training the mind and inducing a state of consciousness that is focused, relaxed, and aware. It is often used as a tool for relaxation, stress reduction, and self-awareness.

Organizing Committee

Convener
Women Cell Members

Dr. S. A. Wani
IQAC Coordinator

Dr. P. R. Wadnerkar
Principal

Organizing Committee

Ms. M. S. Palaspagar
Co-convener
Women Cell

Dr. R. N. Bhagat
Co-convener
Women Cell

Dr. S. P. Patharkar
Co-convener
Women Cell

Dr. R. V. Kene
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Dr. S. A. Wani
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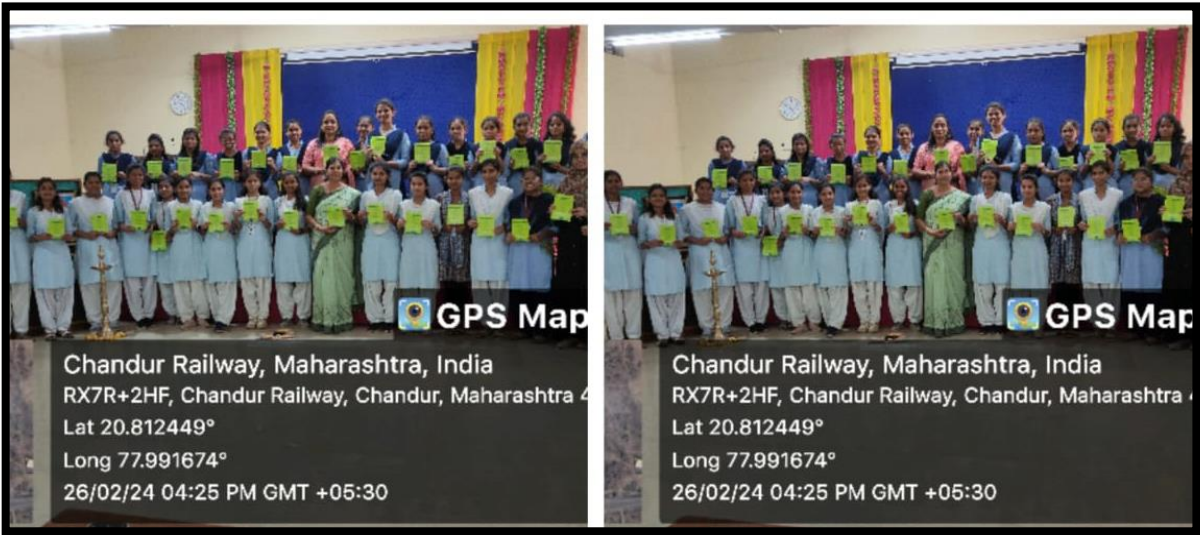
Rajarshee Shahu Science College, Chandur Railway, Dist. Amravati, Maharashtra

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AWARENESS PROGRAM ON USE AND DISPOSAL OF SANITARY NAPKINS

There are several reasons why disposing of sanitary napkins the right way is important. If not done dispose the correct way, it might lead to the spread of infections and bacteria. To aware the students about the use and disposal of sanitary napkins, Women Cell of our college organized a awareness program on 26th February 2024 at 4pm. In this program the advisor women cell convener Dr. R. V. Kene told that not doing the right thing will only harms the environment and lead to further problems. We guided the students about the few ways to ensure proper disposal of sanitary pads. All the girl students were present for this program.





Students actively participated in group discussion with resource person

Students Participation List -

Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati
Accredited with 'B' Grade by NAAC

Attendance of Participants

Title of Programme: *Awareness program on use and disposal of Sanitary Disposal*
Organized by: *Women Cell*
Date: *26/02/24*
Venue: *Abul Kalam Hall*
Signature of Convener: *[Signature]*

No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
1	Shiksha Pandit	B.Sc.II		9316806091	[Signature]
2	Achal Ingole	B.Sc.II		762064974	[Signature]
3	Shraddha Jadhav	-II-		9359021337	[Signature]
4	Sampada Thakare	-II-		762064974	[Signature]
5	Achal Ingole	-II-			[Signature]
6	Ashu Kadam	-II-			[Signature]
7	Komal	B.Sc.II		8154784362	[Signature]
8	Pratiksha	B.Sc.II		8880851015	[Signature]
9	Arjun P. Kulkarni	-II-		8767890481	[Signature]
10	Vaishnavi P. Tale	-II-		8080702693	[Signature]
11	Pratiksha K. Tale	-II-		9359740000	[Signature]
12	Vaishnavi K. Kadam	-II-		9322818611	[Signature]
13	Janhavi V. Ghoshal	-II-		8154784362	[Signature]
14	Pratiksha Ghoshal	-II-		7249509099	[Signature]
15	Shraddha Dikpati	-II-			[Signature]
16	Janvi Dole	-II-			[Signature]
17	Prachi Mundane	B.Sc.II		8154784362	[Signature]
18	Prachi A. Dandekar	B.Sc.II		8080702693	[Signature]
19	Shivani N. Thakare	B.Sc.II		9284618794	[Signature]
20	Pratiksha S. Dandekar	B.Sc.II		9359740000	[Signature]
21	Kalim R. Chikankar	B.Sc.II		8767890481	[Signature]
22	Rutuja J. Chikankar	B.Sc.II		8767890481	[Signature]
23	Achal K. Wanjari	B.Sc.II		8080702693	[Signature]
24	Pratik K. Wanjari	B.Sc.II		8080702693	[Signature]
25	Rachha Lomate	-II-		7822001961	[Signature]

No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
1	Shiksha Pandit	B.Sc.II		9316806091	[Signature]
2	Achal Ingole	B.Sc.II		762064974	[Signature]
3	Shraddha Jadhav	-II-		9359021337	[Signature]
4	Sampada Thakare	-II-		762064974	[Signature]
5	Achal Ingole	-II-			[Signature]
6	Ashu Kadam	-II-			[Signature]
7	Komal	B.Sc.II		8154784362	[Signature]
8	Pratiksha	B.Sc.II		8880851015	[Signature]
9	Arjun P. Kulkarni	-II-		8767890481	[Signature]
10	Vaishnavi P. Tale	-II-		8080702693	[Signature]
11	Pratiksha K. Tale	-II-		9359740000	[Signature]
12	Vaishnavi K. Kadam	-II-		9322818611	[Signature]
13	Janhavi V. Ghoshal	-II-		8154784362	[Signature]
14	Pratiksha Ghoshal	-II-		7249509099	[Signature]
15	Shraddha Dikpati	-II-			[Signature]
16	Janvi Dole	-II-			[Signature]
17	Prachi Mundane	B.Sc.II		8154784362	[Signature]
18	Prachi A. Dandekar	B.Sc.II		8080702693	[Signature]
19	Shivani N. Thakare	B.Sc.II		9284618794	[Signature]
20	Pratiksha S. Dandekar	B.Sc.II		9359740000	[Signature]
21	Kalim R. Chikankar	B.Sc.II		8767890481	[Signature]
22	Rutuja J. Chikankar	B.Sc.II		8767890481	[Signature]
23	Achal K. Wanjari	B.Sc.II		8080702693	[Signature]
24	Pratik K. Wanjari	B.Sc.II		8080702693	[Signature]
25	Rachha Lomate	-II-		7822001961	[Signature]

Organizing Committee

Ms. M. S. Palaspagar
Co-convener
Women Cell

Dr. R. N. Bhagat
Co-convener
Women Cell

Dr. S. P. Patharkar
Co-convener
Women Cell

Dr. R. V. Kene
convener
Women Cell

[Signature]
IQAC Co-ordinator
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati



[Signature]
Principal
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati

HEALTH CHECK UP CAMP

On February 13, 2024, the Woman Cell, in collaboration with NSS and Rural Hospital, Chandur Rly organized a Free Health Camp to spread awareness on health and fitness among girls and women's. The camp was a huge success and the set-up at Dattak Gram Kalamjapur was participation from more than 60 girl students and Women of the Village for getting Sugar, Cholesterol and Hemoglobin tests done. The results were shared with the participants which made them more aware of their health and pushed them to take positive steps for their health.



Free Health Camp to spread awareness on health and fitness among girls and women's



Rajarshee Shahu Science College				
Chandur Rly., Dist. Amravati				
Accredited with 'B' Grade by NAAC				
Attendance of Participants				
Title of Programme: <u>Elad-4-2022</u>				
Organized by: <u>NSS Department</u> Date: <u>27/02/2022</u>				
Name: _____ Signature of Convener: <u>[Signature]</u>				
No.	Name of Student / Participant	Class	Roll No.	Signature
1	Vaishnavi K. Vaid	BSC2	22020001	[Signature]
2	Shreyani S. Vaid	BSC2	22020002	[Signature]
3	Chaitanya B. Chaudhary	BSC2	22020003	[Signature]
4	Pranav V. Chaudhary	BSC2	22020004	[Signature]
5	Shreyani P. Chaudhary	BSC2	22020005	[Signature]
6	Anjali R. Kulkarni	BSC2	22020006	[Signature]
7	Samiksha S. Kulkarni	BSC2	22020007	[Signature]
8	Shruti B. Kulkarni	BSC2	22020008	[Signature]
9	Pranav V. Kulkarni	BSC2	22020009	[Signature]
10	Shruti A. Kulkarni	BSC2	22020010	[Signature]
11	Pranav A. Kulkarni	BSC2	22020011	[Signature]
12	Shruti A. Kulkarni	BSC2	22020012	[Signature]
13	Pranav A. Kulkarni	BSC2	22020013	[Signature]
14	Shruti A. Kulkarni	BSC2	22020014	[Signature]
15	Pranav A. Kulkarni	BSC2	22020015	[Signature]
16	Shruti A. Kulkarni	BSC2	22020016	[Signature]
17	Pranav A. Kulkarni	BSC2	22020017	[Signature]
18	Shruti A. Kulkarni	BSC2	22020018	[Signature]
19	Pranav A. Kulkarni	BSC2	22020019	[Signature]
20	Shruti A. Kulkarni	BSC2	22020020	[Signature]

Name of Student / Participant	Class	Roll No.	Contact No.	Signature
Shreyani Kulkarni	-1-	22020001		[Signature]
Shreyani Kulkarni	-1-	22020002		[Signature]
Shreyani Kulkarni	-1-	22020003		[Signature]
Shreyani Kulkarni	-1-	22020004		[Signature]
Shreyani Kulkarni	-1-	22020005		[Signature]
Shreyani Kulkarni	-1-	22020006		[Signature]
Shreyani Kulkarni	-1-	22020007		[Signature]
Shreyani Kulkarni	-1-	22020008		[Signature]
Shreyani Kulkarni	-1-	22020009		[Signature]
Shreyani Kulkarni	-1-	22020010		[Signature]
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Shreyani Kulkarni	-1-	22020018		[Signature]
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Shreyani Kulkarni	-1-	22020020		[Signature]

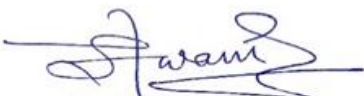
Organizing Committee

Ms. M. S. Palaspagar
Co-convener
Women Cell


Dr. R. N. Bhagat
Co-convener
Women Cell

Dr. S. P. Patharkar
Co-convener
Women Cell

Dr. R. V. Kene
convener
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IQAC Co-ordinator
Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati




Principal
Rajarshee Shahu Science College
Chandur Rly. Dist. Amravati

GIRLS ORIENTATION PROGRAMM

On October 09, 2023, Girl's orientation program was organized at the Late Atul Jagtap Hall for the first-year undergraduate girl students of the college which aimed at familiarizing them with college campus environment, infrastructure and different committees. Dr. R. V. Kene addressed the students and informed them of the Vision, Mission and Objectives of the Women Cell and ICC. Students were also introduced to the members of the Women Cell and ICC whom they could approach for support and guidance. This event was followed by Dr. R. V. Kene delivering a motivational talk titled 'Vicha Ranchi Shakti' which advised students on a few simple ways to maintain positivity and happiness in life. The students were also guided on techniques for balancing their energy for bringing integrity in various aspects of life. The sessions were effective and informative for all the girl students.



Rajarshee Shahu Science College
Chandur Rly., Dist. Amravati
Accredited with 'B' Grade by NAAC

Attendance of Participants

Title of Program: Girl's Orientation Program

Organized by: Women Cell Date: 9/10/2023
Venue: Lat A14 Jyotap Hall Signature of Convener: ParB

No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
1)	Ganpati G. Hingapure	BSc II	Ganpati.hingapure@gmail.com	9356806095	[Signature]
2)	Laxmi S. Mathade	BSc II	Laxmi.mathade@gmail.com	762062979	[Signature]
3)	Suhani B. Badi	BSc II	Suhani.badi@gmail.com	9359021350	[Signature]
4)	Vaishnavi D. Deshpande	BSc II	Vaishnavi.deshpande@gmail.com	762064977	[Signature]
5)	Komal A. Bhagat	BSc II	Komal.bhagat@gmail.com	9356806095	[Signature]
6)	Trupti D. Tambhure	BSc II	Trupti.tambhure@gmail.com	9356806095	[Signature]
7)	Nikita P. Tadhe	BSc II	Nikita.tadhe@gmail.com	9356806095	[Signature]
8)	Pratyanka N. Mehare	BSc II	Pratyanka.mehare@gmail.com	9356806095	[Signature]
9)	Ku. Nehal R. Gajikar	BSc II	Nehal.gajikar@gmail.com	9356806095	[Signature]
10)	Ku. Rakshi S. Gajikar	BSc II	Rakshi.gajikar@gmail.com	9356806095	[Signature]
11)	Divya G. Kulkarni	BSc II	Divya.kulkarni@gmail.com	9356806095	[Signature]
12)	Manjuri B. Bhangale	BSc II	Manjuri.bhangale@gmail.com	9356806095	[Signature]
13)	Ujjwala Kulkarni	BSc II	Ujjwala.kulkarni@gmail.com	9356806095	[Signature]
14)	Samiksha Gokhale	BSc II	Samiksha.gokhale@gmail.com	9356806095	[Signature]
15)	Achal S. Ingole	BSc II	Achal.ingole@gmail.com	9356806095	[Signature]
16)	Shreyas Tibhate	BSc II	Shreyas.tibhate@gmail.com	9356806095	[Signature]
17)	Manika S. Jyotap	BSc II	Manika.jyotap@gmail.com	9356806095	[Signature]
18)	Nikita S. Tambhure	BSc II	Nikita.tambhure@gmail.com	9356806095	[Signature]
19)	Pooja A. Bhangale	BSc II	Pooja.bhangale@gmail.com	9356806095	[Signature]
20)	Pratibha R. Kulkarni	BSc II	Pratibha.kulkarni@gmail.com	9356806095	[Signature]
21)	Samiksha T. Nimbhure	BSc II	Samiksha.nimbhure@gmail.com	9356806095	[Signature]
22)	Pratibha S. Gajikar	BSc II	Pratibha.gajikar@gmail.com	9356806095	[Signature]
23)	Komal S. Kumbhar	BSc II	Komal.kumbhar@gmail.com	9356806095	[Signature]
24)	Sandhya P. Deshpande	BSc II	Sandhya.deshpande@gmail.com	9356806095	[Signature]
25)	Shraddha A. Lunde	BSc II	Shraddha.lunde@gmail.com	9356806095	[Signature]
26)	Samiksha R. Samant	BSc II	Samiksha.samant@gmail.com	9356806095	[Signature]
27)	Manishkumar D. Patil	BSc II	Manishkumar.patil@gmail.com	9356806095	[Signature]
28)	Pratibha S. Gajikar	BSc II	Pratibha.gajikar@gmail.com	9356806095	[Signature]

No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
1)	Sakshi Pandit	BSc II	—	9356806095	[Signature]
2)	Achal Ingole	BSc II	—	762062979	[Signature]
3)	Shreyas Tibhate	BSc II	—	9359021350	[Signature]
4)	Sampada Thakare	BSc II	—	762064977	[Signature]
5)	Achal Gajikar	BSc II	—	—	[Signature]
6)	Achal Kulkarni	BSc II	—	9356806095	[Signature]
7)	Komal	BSc II	—	9356806095	[Signature]
8)	Pratibha	BSc II	—	9356806095	[Signature]
9)	Anjali P. Kulkarni	BSc II	—	9356806095	[Signature]
10)	Vaishnavi P. Tale	BSc II	—	9356806095	[Signature]
11)	Pratibha K. Tale	BSc II	—	9356806095	[Signature]
12)	Vaishnavi K. Kulkarni	BSc II	—	9356806095	[Signature]
13)	Pratibha V. Gajikar	BSc II	—	9356806095	[Signature]
14)	Pratibha G. Gajikar	BSc II	—	9356806095	[Signature]
15)	Pratibha D. Kulkarni	BSc II	—	9356806095	[Signature]
16)	Pratibha D. Kulkarni	BSc II	—	9356806095	[Signature]
17)	Pratibha M. Gajikar	BSc II	—	9356806095	[Signature]
18)	Pratibha A. D. Kulkarni	BSc II	—	9356806095	[Signature]
19)	Shivam N. Thakare	BSc II	—	9356806095	[Signature]
20)	Pratibha R. D. Kulkarni	BSc II	—	9356806095	[Signature]
21)	Pratibha R. Kulkarni	BSc II	—	9356806095	[Signature]
22)	Rakhi S. Kulkarni	BSc II	—	9356806095	[Signature]
23)	Achal K. Wanjari	BSc II	—	9356806095	[Signature]
24)	Pratibha K. Wanjari	BSc II	—	9356806095	[Signature]
25)	Rakhi Lomate	BSc II	—	762062979	[Signature]

No.	Name of Student / Participant	Class	Email ID	Contact No.	Signature
26)	Ku. Shreyas Jyotap	BSc II	—	9356806095	[Signature]
27)	Ku. Mani Gajikar	BSc II	—	9356806095	[Signature]
28)	Ku. Samiksha Nimbhure	BSc II	—	9356806095	[Signature]
29)	Ku. Shraddha Lunde	BSc II	—	9356806095	[Signature]
30)	Ku. Rakhi S. Kulkarni	BSc II	—	9356806095	[Signature]
31)	Ku. Sandhya D. Deshpande	BSc II	—	9356806095	[Signature]

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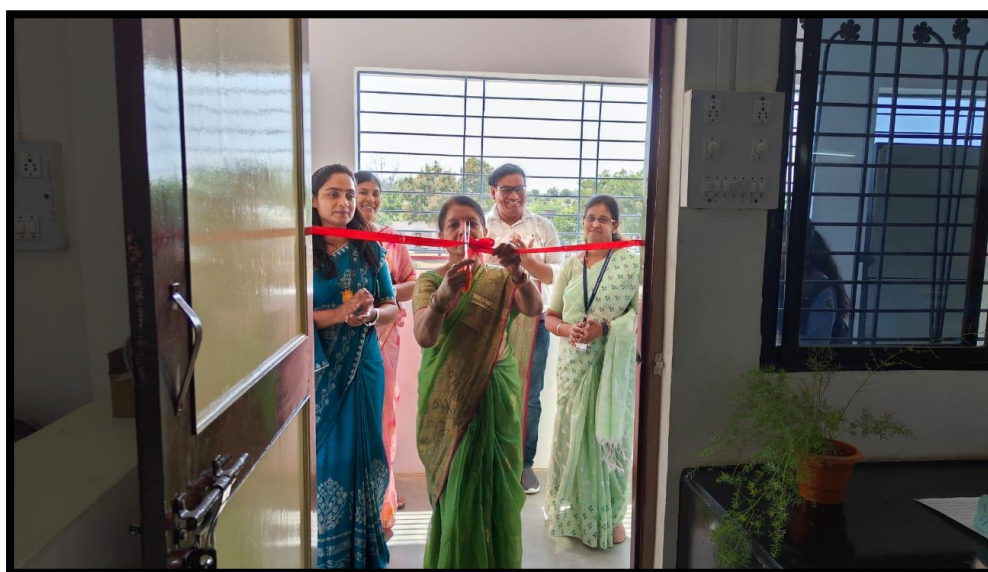

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POSTER MAKING COMPETITION ON “MILLETS-SUPER FOOD FOR FUTURE HEALTH

On the occasion of International Year of Millets -2023, Department of Botany and Women Cell organized Poster Making Competition on “Millets-Super Food for Future Health Perspective” on 4th October 2023 at Department of Botany. Total 36 students participated in this competition. The aims of this competition were to raise awareness about the importance of Millets and their health benefits. The jury for this competition was Ms. Seema Jagtap, Assistant Prof., Department of English, Mahila Mahavidyalaya, Chandur Rly.



Broucher :


Atul Vidya Mandir, Wardha's
RAJARSHI SHAHU SCIENCE COLLEGE, CHANDUR RAILWAY
Virul Road, Chandur Railway Dist. Amravati PIN 444904

POSTER MAKING COMPETITION ON

"Millets – Super food for future health perspective"

ORGANISED BY

DEPARTMENT OF BOTANY AND WOMEN'S CELL











Guidelines/Rules for Poster Making Competition:

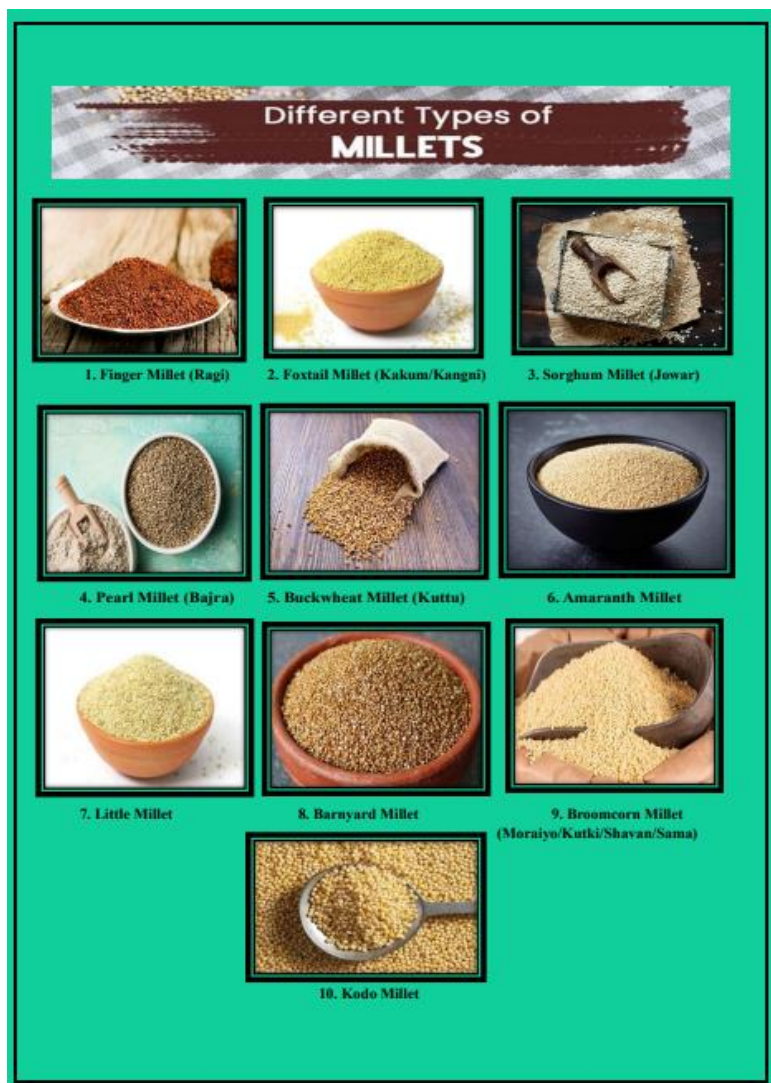
- ❖ Each Participant can participate in only one Poster.
- ❖ The poster must be made on the more than A4 size (24x36 with margins (0.5 inches) drawn with black pen/marker.
- ❖ Poster can be made using pencil, crayon, watercolor, oil paint, etc. Photographs, wires, other 3D objects, print-outs won't be acceptable. It should be original, and hand made.
- ❖ The topic of the poster and theme should be clearly mentioned at the Top Margin of the Poster.
- ❖ Poster should contain personal details like Name, Class, College etc., of the participants. These details should also be mentioned in registration only.

Rules for Poster Making Competition:

- Open for all the students
- Registration is compulsory
- The poster must be made on the A3 size (11.7 x 16.5 inches) sheet with margins (0.5 inches) drawn with black pen/marker.
- One person can submit two posters only
- First three winners will be given prizes.
- First 10 winners will be awarded appreciation certificates
- Participation certificates to all.
- Evaluation is based on the following criteria: Concept –40% Innovation and Presentation – 60%
- **PRIZES:** Attractive prizes will be given to the winners and participants.

Different Types of MILLETS

		
1. Finger Millet (Ragi)	2. Foxtail Millet (Kakum/Kangni)	3. Sorghum Millet (Jowar)
		
4. Pearl Millet (Bajra)	5. Buckwheat Millet (Kuttu)	6. Amaranth Millet
		
7. Little Millet	8. Barnyard Millet	9. Broomcorn Millet (Moraiyo/Kutki/Shavan/Sama)
		
10. Kodo Millet		



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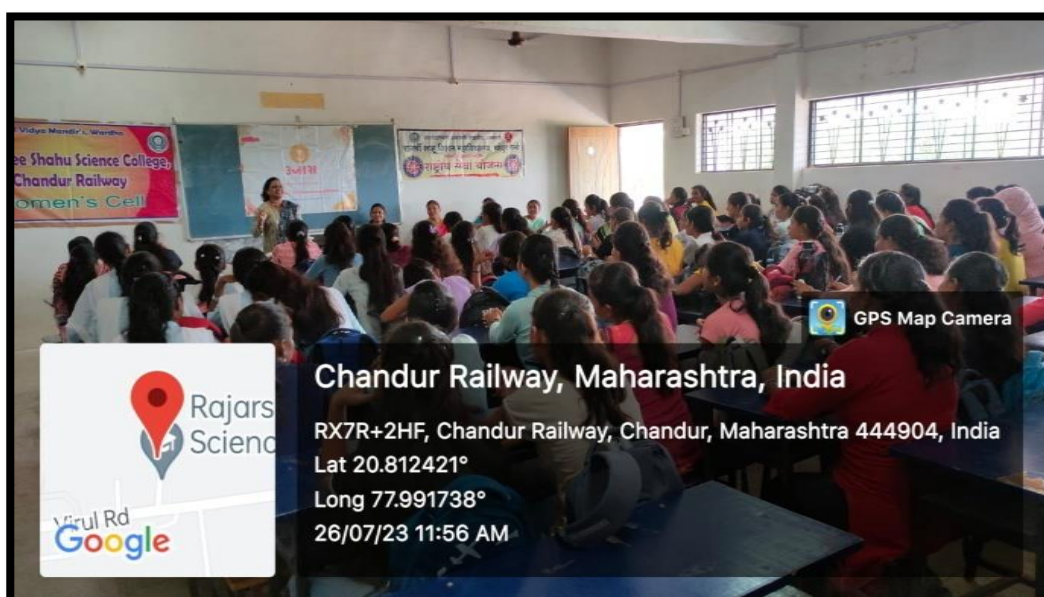

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AWARENESS PROGRAM ON MENSTRUAL HYGIENE

An awareness program on “Menstruation Hygiene” was conducted on 26th July 2023 by Women Cell in collaboration with ICC and NSS department of our college. The objective of the program was to enhance the knowledge regarding menstrual hygiene and increased the awareness among the students and the faculty members about menstrual hygiene. The **guest** speaker of the program was **Ms. Varsha Deshmukh**, UJAS Foundation. The guest speaker shared her vast experience, knowledge and her thoughts about menstrual hygiene. The session lasted for 2 hours and proved to be very engaging and captivating for all the participants. The program was anchored by convener Dr. R.V.Kene and vote of thanks was proposed by Prof. Ms.M.S. Palaspagar. Around 100 girl students of Junior and senior college participated in the program along with ladies’ staffs.



[illegible]

No.	Species of Insects / Parasitoids	Class	Host ID	Collected No.	Remarks
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369	<i>Aspilota</i> sp. <i>Aspilota</i>	Hym.			Female
370	<i>Aspilota</i> sp. <i>Aspilota</i>	Hym.			Female


*Kind
 Courtesy
 Warren 1911*

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